

January

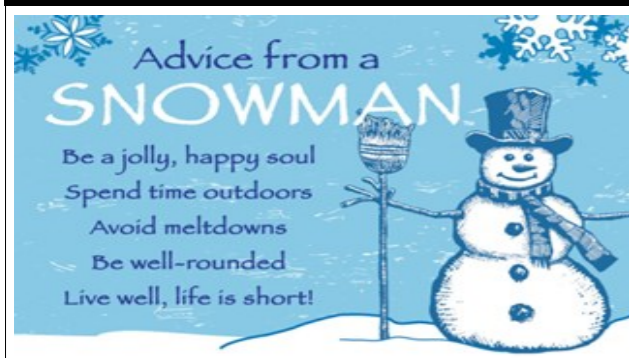
Monday

Tuesday

Wednesday

Thursday

Friday



Advice from a SNOWMAN
 Be a jolly, happy soul
 Spend time outdoors
 Avoid meltdowns
 Be well-rounded
 Live well, life is short!



1
ALL CENTERS ARE CLOSED FOR NEW YEAR'S DAY!
START THINKING OF THOSE NEW YEAR'S RESOLUTIONS!!


2
 8:00- News & Views
 9:00- Coffee Talk
 10:00- Music & Movement
 11:00- Bowling
 12:00- Reminisce
 1:00- Music Bingo
 2:00- Spa Time
 3:00- Hangman
 4:00- Jokes



3 Happy Casino Day
 8:00- Coffee Talk/Morning Walk
 9:00- Conversation Stations
 10:00- Wellness Activity
 11:00- Casino Games
 12:00- Social Hour
 12:45 (ERIE) Sails
 1:00- Casino Games
 2:00- Seasonal Activity
 3:00- Art
 4:00- Board Games



6
 8:00- News & Views
 9:00- Conversation Stations
 10:00- Wellness Activity
 11:00- Pastors group/Board Games
 12:00- Reminisce
 1:00- Craft
 2:00- Brain Games/Music Trivia
 3:00- Art
 4:00- Music



7
 8:00- Coffee Talk/Morning Walk
 9:00- Coloring Pages
 10:00- Music & Movement
 11:00- Parachute Games
 12:00- Social Hour
 1:00- Bingo
 2:00- Spa Time
 3:00- Poems
 4:00- Exercise




8 Celebrate Elvis Birthday Week
 8:00- News & Views
 9:00- Conversation Station
 10:00- Wellness Activity
 11:00- Bean Bag Toss
 12:00- Reminisce
 1:00- Elvis Trivia
 2:00- Seasonal Activity
 3:00- Cards & Table Talk
 4:00- Games




9 Celebrate Elvis Birthday Week
 8:00- Coffee Talk/Morning Walk
 9:00- Puzzles/Coloring Pages
 10:00- Wellness Activity
 11:00- Musical Ball
 12:00- Social Hour
 1:00- Elvis Karaoke
 2:00- Education
 3:00- Jokes
 4:00- Poems



10 Celebrate Elvis Birthday Week
 8:00- News & Views
 9:00- Coffee Talk
 10:00- Music & Movement
 11:00- Balloon & Noodles
 12:00- Reminisce
 12:45 (ERIE) Sails
 1:00- Elvis Bingo
 2:00- Brain Games
 3:00- Exercise
 4:00- Art




13
 8:00- Coffee Talk/Morning Walk
 9:00- Coloring Pages
 10:00- Music & Movement
 11:00- Pastors Group/Ladder Ball
 12:00- Social Hour
 1:00- Bingo
 2:00- Education-Music/Benefits
 3:00- Board Games
 4:00- Art



14
 8:00- News & Views
 9:00- Coffee Talk
 10:00- Wellness Activity
 11:00- Cornhole & Music
 12:00- Reminisce
 1:00- Craft
 2:00- Brain Games
 3:00- Cards
 4:00- Music- Name that Song



15
 8:00- Coffee Talk/Morning Walk
 9:00- Conversation Stations
 10:30-12:00 Participant Advisory Council Warren, Clearfield, Mercer
 11:00- Dart Ball
 12:00- Social Hour
 1:00- Bingo
 2:00- Education
 3:00- Hangman- Music Themed
 4:00- Poems



16
 8:00- News & Views
 9:00- Conversation Stations
 10:30-12:00 Participant Advisory Clarion, Erie, Crawford/Venango
 11:00- Ladder Ball
 12:00- Reminisce
 1:00- Ping Pong Games
 2:00- Participant Choice
 3:00- Jokes
 4:00- Art




17
 8:00- Coffee Talk/Morning Walk
 9:00- Coloring Pages
 10:00- Music & Movement
 11:00- Bowling
 12:00- Social Hour
 12:45 (ERIE) Sails
 1:00- Musical Ball
 2:00- Spa time
 3:00- Games
 4:00- Music




20
MARTIN LUTHER KING JR. DAY!
THE CENTERS ARE CLOSED!


21 National Pizza Party Day
 8:00- Coffee Talk/Morning Walk
 9:00- Conversation Stations
 10:00- Wellness Activity
 11:00- Bean Bag Toss
 12:00- Social Hour/ Pizza Party
 1:00- Music Bingo
 2:00- Education
 3:00- Hangman
 4:00- Jokes



22
 8:00- News & Views
 9:00- Coffee Talk
 10:00- Music & Movement
 11:00- Cornhole
 12:00- Reminisce
 1:00- Craft
 2:00- Education-Music/Benefits
 3:00- Games
 4:00- Cards




23
 8:00- Coffee Talk/Morning Walk
 9:00- Conversation Stations
 10:00- Wellness Activity
 11:00- Parachute Games
 12:00- Social Hour
 1:00- Bingo
 2:00- Seasonal Activity
 3:00- Music-Name that Song
 4:00- Art



24
 8:00- News & Views
 9:00- Conversation Stations
 10:00- Wellness Activity
 11:00- Ladder Ball
 12:00- Reminisce
 12:45 (ERIE) Sails
 1:00- Balloon Volleyball
 2:00- Music & Benefits
 3:00- Cards & Table Talk
 4:00- Poems



27
 8:00- Coffee Talk/Morning Walk
 9:00- Puzzles/ Coloring Pages
 10:00- Music & Movement
 11:00- Pastors Group/ Cards
 12:00- Social Hour
 1:00- Bowling
 2:00- Education- Music/Benefits
 3:00- Exercise
 4:00- Games



28
 8:00- News & Views
 9:00- Coffee Talk
 10:00- Music & Movement
 11:00- Balloon Volleyball
 12:00- Reminisce
 1:00- Ping Pong Games
 2:00- Participant Choice Meeting
 3:00- Art
 4:00- Music- Name that Song



29
 8:00- Coffee Talk/Morning Walk
 9:00- Conversation Stations
 10:00- Wellness Activity
 11:00- Balloon & Noodles
 12:00- Social Hour
 1:00- Music Bingo
 2:00- Spa Time
 3:00- Music
 4:00- Cards



30
 8:00- News & Views
 9:00- Coffee Talk
 10:00- Music & Movement
 11:00- Dart Ball
 12:00- Reminisce
 1:00- Craft
 2:00- Brain Games
 3:00- Board Games
 4:00- Music



31
 8:00- Coffee Talk/Morning Walk
 9:00- Conversation Stations
 10:00- Wellness Activity
 11:00- Ping Pong Games
 12:00- Social Hour
 1:00- Bingo
 2:00- Seasonal Activity
 3:00- Jokes
 4:00- Hangman- Music

